



Owner Extras

November 04 - December 01

BULK

Willamett

Granolas, 25 Lb.

Blueberry/Flax Granola, Cocoa Chia, Vanilla Almond Granola, Coconut Almond Granola.

DELI

Made to Order Bowls from our Hot Bar, 1 Ct.

Aloha Bowl, Mongolian Bowl, Thai Noodle Bowl, Kong Pao Tofu Bowl, Teriyaki Bowl.

From Our Bakery: Pumpkin Bread 1 Ct.

GROCERY

Alkanline88

Alkaline Water, 4 /1 Gal.

Enhanced Alkaline Water

Bark Thins

Chocolate Snacks, Multiple Varieties.

Dark Chocolate Almond 12/4.7 Oz, Dark Chocolate Pretzel 12/4.7 Oz, Dark Chocolate Mint 12/4.7 Oz, Dark Chocolate Coconut Almond 12/4.7 Oz, Dark Chocolate Pumpkin Seed 12/4.7 Oz, Dark Chocolate Almond 9/10 Oz, Dark Chocolate Pretzel 9/10 Oz.

Bragg

Apple Cider Vinegar, 12/16 Oz.

Honey Green Tea, Ginger Lemon Honey, Apple Cinnamon, Grape Acai, Limeade

Edward & Sons

Organic Vegetarian Food, Multiple Varieties.

Artichoke Hearts Quartered 6/14 Oz, Artichoke Hearts Whole 6/9.9 Oz.

Foodstirs

Organic Baking Mixes & Kits, Multiple Varieties

Snickerdoodle Blodie Mix 6/11.95 Oz, Chocolate Lovers Brownie Mix 6/12.55 Oz, Chocolate Chippy Cookie Mix 6/13.05 Oz, Double Chocolate Sea Salted Brownie Mix 6/16.19 Oz, Simply Sweet Vanilla Cake Mix 6/18 Oz.

Frontier Co-op

Organic Vanilla Extract, 4 Oz.

Vanilla Extract.

Just Date

Date Syrup, 6/8.8 Oz.

Medjool Date Syrup

Lundberg

Organic Chips and Snacks, Multiple Varieties.

Korean BBQ Tortilla Chips 12/5 Oz, Sea Salt Rice Chips 12/6 Oz, Pico de Gallo Rice Chips 12/6 Oz, Sesame & Seaweed Rice Chips 12/6 Oz, Santa Fe Rice Chips 12/6 Oz, Fiesta Lime Rice Chips 12/6 Oz, Thin Stackers Brown Rice 6/6 Oz, Thin Stackers Brown Rice Low Salt 6/6 Oz, Thin Stackers 5 Grains 6/6 Oz, Thin Stackers Red Rice & Quinoa 6/6 Oz, Tamari Seaweed Rice Cakes 6/8.5 Oz, Brown Rice Cakes 6/8.5 Oz, Wild Rice Cakes 6/8.5 Oz, Cinnamon Toast Rice Cakes 6/9.5 Oz, Thin Stackers Dark Chocolate Coconut 6/3.4 Oz, Thin Stackers Dark Chocolate Cherry 6/3.4 Oz.

Madhava

Organic Sweeteners, Multiple Varieties.

Golden Light Blue Agave 6/11.75 Oz, Amber Raw Blue Agave 6/11.75 Oz, Agave Five 6/16 Oz, Fair Trade Raw Blue Agave 6/11.75 Oz, Coconut Sugar 6/16 Oz, Golden Light Blue Agave 6/23.5 Oz, Amber Raw Blue Agave 6/23.5 Oz, Golden Light Blue Agave 4/46 Oz.

Native Forest

Organic Vegetarian Food, 12/4 Oz.

Mushrooms Pieces Stems, Sliced Crimini Mushrooms, Sliced Portobello Mushrooms, Hearts of Palm

Organic Planet

Traditional Whole Wheat Lomein Noodles, 12/8 Oz.

Lomein Noodles.

Cleanwell (TAXABLE)

Botanical Disinfectant, 8/24 Oz.

All Purpose Disinfectant.

Dry Soda (TAXABLE)

Dry Sparkling Soda 12/25.4 Oz.

Cranberry Sparkling Soda.

LISTED ITEMS ARE

ON SALE

TOTAL SAVINGS THIS MONTH:

\$255.58

Promotion effective Sept 02 - Sept 29, 2020. We reserve the right to correct any printed errors.

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CHEESE

Parmcrisps **Parmcrisps, 12/3 Oz.**
Original Parmcrisps.

DAIRY

Base Culture **Baked Goods, Multiple Varieties.**
Raspberry Cocoa Brownie 20/2 Oz, Cashew Butter Blondie 20/2 Oz, Almond Butter Brownie 20/2 Oz, Sweet Banana Bread 16/3.2 Oz, Nutty Pumpkin Bread 6/12 Oz, Sweet Banana Bread 6/12 Oz, Sandwich Bread 6/24 Oz.

FROZEN

Alexia **Natural Gluten Free Products, 8/10 Oz.**
Mexican Style Corn.

Arctic Zero **Non Dairy Plant-Based Frozen Desserts, 8/Pint.**
Purely Chocolate, Cookie Shake, Hint of Mint, Cake Batter.

Base Culture **Baked Goods, 6/16 Oz.**
7 Nuts & Seed Bread Gluten Free, Keto Bread Gluten Free.

Earthbound **Frozen Veggies, 12/7.3 Oz.**
Sweet Corn

Grain Trust **Frozen Rice Goods, 6/30 Oz.**
Brown Rice, Thai Jasmine Rice.

Hilary's **Veggie Sausage, 12/7.3 Oz.**
Apple Maple Veggie Breakfast Sausage.

Mammoth **Keto Frozen Custard, 8/1 Pint.**
Vanilla Bean, Chocolate Peanut Butter, Chocolate, Lemon Buttercream.

GM

U Konserve **Zero-Waste Reusable Food Storage Containers, Multiple Varieties.**
Kids Drinking Straw Brush 6/1 Ea, Stainless Steel Straw and Brush 6/1 Ct, Gold Stainless Steel Straws 6/2 Ea, Round Stainless Container 6/9 Oz, Stainless Round Large Lime 6/16 Oz, Stainless Steel Mini Straw 4 Pack, Big Mini Container 6/7 Oz, Stainless Steel Rectangle Food Storage Container Navy Lid 6/25 Oz, Divided Rectangle Container Lime 6/25 Oz, Small Round Steel Container Ocean 6/5 Oz, Medium Divided To Go Ocean 6/30 Oz, Large Insulated Tote Bag Navy 6/1 Ea, Round Nesting Trio 3 Ct, Round Nesting Trio Ocean 3 Ct.

WELLNESS

Grandpa Soap Co. **Body Soaps, Multiple Varieties.**
Charcoal Soap, Thylox Acne Treatment Soap.

Home Health **Body Care Products, Multiple Varieties.**
Castor Oil 8 Oz, Almond Glow Lotion Rose 8 Oz, Almond Glow Lotion Lavender 8 Oz, Almond Glow Lotion Almond 8 Oz, Almond Glow Lotion Coconut 8 Oz, Almond Glow Lotion Jasmine 8 Oz, Almond Glow Lotion Unscented 8 Oz, Castor Oil 16 Oz.

Tints of Nature **Permanent Hair Color Dye, Multiple Varieties.**
Henna Cream Dark Brown 2.46 Oz, Henna Cream Chocolate 2.46 Oz, Henna Cream Light Brown 2.46 Oz, Henna Cream Red 2.46 Oz, Black 1N 4.4 Oz, Darkest Brown 2N 4.4 Oz, Dark Brown 3N 4.4 Oz, Medium Brown 4N 4.4 Oz, Light Brown 5N 4.4 Oz, Dark Blonde 6N 4.4 Oz, Medium Blonde 7N 4.4 Oz, Light Blonde 8N 4.4 Oz, Platinum Blonde 10N 4.4 Oz, Light Golden Brown 5D, Medium Mahogany Brown 4M 4.4 Oz, Clear Earth Red 4RR 4.4 Oz, Copper Brown 5R 4.4 Oz, Copper Blonde 7R 4.4 Oz, Rich Chocolate 4CH 4.4 Oz, Toffee Blonde 6TF 4.4 Oz.

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