

Kids at the Co-op

KIDS IN THE GARDEN

Seed Bombs

There are two ways to make seed bombs, with earth clay or paper. For the paper method, you have to wait for them to dry until you can use them. They are a little more technical. The clay bombs are easy for all ages!

Materials:

Water soluble Earth Clay or Paper and Cheesecloth

Water

California Native Wildflower Seeds

For Clay Method:

Take a few tablespoons of clay in your hand, soften by kneading, if it is too tough add small drops of water at a time until malleable. Flatten into a disk, place a pinch or two of seeds in the center and close up! You can try to keep all the seeds in the center or mix them into the clay. Mold the clay into whatever shape your heart desires.

For Paper Method:

Hand tear a 5-10 sheets of paper and place in a bowl of water (enough to cover the paper plus a cup or so). Add paper and water to a blend and blend on high until smooth. Strain with a cheesecloth, and be sure to squeeze out any excess water! Add a pack or two of seeds and mix well. Place a few teaspoons of the mixture into molds or hand-mold into shapes. Let dry for 24 hours.

Throw them in a field, your yard or garden, or gift to a friend. Once it rains the clay or paper will dissolve and the seeds will start to grow! Happy Planting!

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