



DAVIS FOOD CO-OP
TEACHING KITCHEN

RECYCLED JAR HERB GARDEN

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RECYCLED JAR HERB GARDEN

Materials:

- 1 or more old jars, washed and dried (you can use pretty much anything - glass pasta sauce jars, plastic nut butter jars, etc.)
- Large mixing bowl
- Warm/hot water
- Dish soap
- ½ cup white vinegar
- Acrylic or chalk paint
- Paint brushes
- Small-medium sized rocks
- Potting soil
- Herb seeds
- Spray bottle with water

Instructions:

First, remove labels and adhesive from jars. Fill a large mixing bowl with warm-hot water. Add 1-2 tbsp of dish soap and ½ cup vinegar. Submerge jars in soapy water. Allow jars to sit for 20 minutes. After 20 minutes, remove jars. Using your hands, a sponge, or a clean kitchen cloth remove the label. Once the label and adhesive is completely removed, dry the jars.

Now you can paint your jars! Using acrylic or chalk paint, paint the jars however you'd like! Allow jars to dry.

Fill the bottom 1-2 inches of jars with rocks. Pour potting soil over rocks. Fill jars all the way to the rim.

Place 3-4 herb seeds in each jar. Sprinkle a very thin layer of soil on top of them. Spray once with water from a spray bottle. Place in a sunny spot. You can spray the seeds once a day for the first few days. Keep soil moist according to each herbs' needs. Basil likes water, but rosemary, oregano, and thyme prefer drier conditions.

Tips:

You may want to label the jars so you know which herbs will grow!

When harvesting your herbs always use clean scissors. Do not pick off leaves with your fingers. If your herb plant is full, but looking a little sad, give it a haircut! Remove about one-third of the leaves with scissors.

NOTES: