



Owner Extras

November 03 - November 30, 2021

GROCERY

Chatam

CROUTONS, 12/5 Oz.

Garlic Butter **\$1.99**, Caesar **\$1.99**, Cheese Garlic **\$1.99**, Garden Herbs **\$1.99**

Frontier Co-op

Organic Spices, Three Varieties.

Pumpkin Pie Spice 1.72 oz **\$3.99**, Ground Cinnamon 1.9 oz **\$4.49**, Vanilla Extract 4 oz **\$15.99**

Laird Superfood

Plant Based Goods, 6/8 Oz.

Functional Mushrooms Hot Chocolate **\$7.99**, Instafuel Original **\$8.99**

Rise Brewing Co.

Organic Cold Brew Coffee and Oat Milks, Multiple Varieties.

Original Black Nitro Cold Brew 12/7 oz **\$2.49**, Oat Milk Nitro Cold Brew 12/7 oz **\$2.49**, Mocha Nitro Cold Brew 12/7 oz **\$2.49**, Original Oat Milk 6/32 oz **\$3.49**, Chocolate Oat Milk 6/32 oz, **\$3.49**, Vanilla Oat Milk 6/32 oz **\$3.49**

Teccino

Herbal Coffee, Two Varieties.

Hazelnut Medium Roast 10 bags **\$3.99**, Hazelnut Coffee 6/11 oz **\$9.99**, French Roast 6/11 oz **\$9.99**

Undercover

Quinoa and Chocolate Snack, 12/2 Oz.

Dark Chocolate Sea Salt **\$2.49**

Walnut Acres

Organic Baked Beans, 12/15 Oz.

Baked Beans **\$2.99**, Maple Onion Baked Beans **\$2.99**

DAIRY

Laird Superfood

Plant Based Creamers, 6/16 Oz.

Unsweetened Liquid Creamer **\$4.49**, Vanilla Liquid Creamer **\$4.49**

Picnik

Plant Based Creamers, 12/25.36 Oz.

Coffee Creamer **\$4.99**, Collagen Creamer **\$4.99**, Oat and Adaptogen Vanilla Creamer **\$5.99**

FROZEN

Alexia

Frozen Veggies, 4/12 Oz.

Cauliflower Riso **\$3.99**

Hilary's

Allergen Free Foods, 12/7.3 Oz.

Spicy Veggie Sausage **\$3.49**, Apple Maple Veggie Sausage **\$3.49**

CHEESE

Go Veggie

Vegan Cheese, 12/4 Oz.

Dairy Free Grated Parmesan **\$2.99**

WELLNESS

Natrol

Health Supplements, Multiple Varieties.

Alpha Lipoic Acid 50 caps **\$8.99**, Melatonin 1 mg 90 tabs **\$5.99**, Melatonin Time Release 1 mg 90 tabs **\$6.99**, DHEA 25mg 90 tabs **\$10.99**

Olipop

Sparkling Tonic, 12/12 Oz.

Cherry Vanilla **\$1.99**, Grape **\$1.99**, Classic Cola **\$1.99**, Strawberry Vanilla **\$1.99**, Ginger Lemon **\$1.99**, Root Beer **\$1.99**, Orange Squeeze **\$1.99**

OM

Mushroom Products, Two Varieties.

Mushroom Blend Powder 3.17 oz **\$18.99**, Brain Fuel Mushroom Superfood 90 ct **\$21.99**

LISTED ITEMS ARE

ON SALE
ALL MONTH!

TOTAL SAVINGS THIS MONTH:

\$99.12

Promotion effective Nov. 03 - Nov. 30 2021. Sorry no rain checks. We reserve the right to correct any printed errors.